

FFCA-NHS PHOENIX – ATHLETIC AWARDS RECIPIENTS 2021-22



MR. BRUCE PARKIN AWARD (INTEGRITY & CHARACTER)

- These athletes showed outstanding character as an FFCA student athlete they consistently illustrated the core virtues of respect, responsibility, self-discipline, integrity and perseverance.

MOST IMPROVED PLAYER

- These athletes showed great improvements in their knowledge and skills in their respective sports.

MOST VALUABLE PLAYER

- These athletes' knowledge and skills surpassed all others this season. Not only are these athletes talented but also illustrated outstanding character virtues while playing their sport.

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TEAM	MR. BRUCE PARKIN AWARD NOMINEES	MOST IMPROVED NOMINEES	MOST VALUABLE NOMINEES
Gr. 9 Golf			Sophie Dhaliwal
Cross Country Team	Kaedon Langston	Gurvir Nijjar	Roshan Kawale
JV Girls Basketball	Harmannat Dhillon	Vidushi Agnihotri	Gurmehar Sandhu
SV Girls Basketball	Daniella Tolentino	Kaitlyn Padillo	Amanat Panech
JV Boys Basketball	Sahib Randhawa	Krissh Taneja	Isaac McLean
SV Boys Basketball	Yusuf Chaudhary	Oz Zia	Sahil Gill
Wrestling	Kyle Bisang	Jagbir Jassal	Manraj Monjal
JV (9-10) Badminton	Christopher Lim	Alexander Nikolov	Terence Liu
SV (11-12) Badminton	Hamzah Nadeem	Jasnit Johal and Osho Sidhu	Jasmine Lam
SR Co-ed Soccer	Marco Domalanta	Jake Nixon	Krishmeet Ghuman
Girls Track and Field	Alex Ma	Reet Minhas Diya Minhas	Ravdeep Chahal
Boys Track and Field	Samad Ahmed	Josh Lei	Kyle Bisang